



Alpha Phi Omega  
Alumni Council  
of North America

# 16th Biennial Convention

1 - 3 September 2023  
Seattle, Washington

**MOVING  
FORWARD**  
LEADERSHIP  
FRIENDSHIP  
SERVICE

Alpha  
Phi  
Omega

*Our Warmest Greetings and Congratulations to  
Greater Washington Alpha Phi Omega AA!*



*Service to Humanity  
is Service to God!*

## Lambda Chapter

**De La Salle Araneta University**

*Celebrating 65 years of committed  
Leadership, sincere Friendship, and  
dedicated Service to the Nation  
and around the World!*



### Lambda Alumni Association

#### Executive Officers DY 2023-2024

President:	Bro. Bobot Umali
VP Internal:	Bro. Tito Velasco
VP External:	Sis. Rosemarie Mesina
Secretary:	Sis. Pines Gamboa-Arcega
Treasurer:	Sis. Zita Balagot
Auditor:	Bro. Allan Icarangal
PRO:	Sis. Nanette Alcantara
Sgt. At Arms (Frat)	Bro. Esmer Manguerra
Sgt. At Arms (Soro)	Bro. Danilo "Buyoy" Cava
	Sis. Lourdes Dimaano
	Sis. Vicky Mapaye

#### Advisory Council

Bro. Mario Cabanag
Bro. Wally Tejada
Bro. Tony delos Reyes
Bro. Manolito Leal
Bro. Wowie Peralta
Bro. Jun Payad
Bro. Leo Licardo

#### International Affairs

Bro. Aleks Garcia
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#### Fraternal Greetings from:



#### Lambda Chapter/Lambda AA and

#### Bro. Aleks Garcia

ACNA President 2015-2016  
APO DFWAA President 2011-12, 2021-23  
ACNA BOD Secretary 2022-2023  
L. Ureta Foundation Secretary 2023-2024  
Lambda Adviser, International Affairs



Alpha Phi Omega  
Alumni Council  
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# 16th Biennial Convention

1 - 3 September 2023  
Seattle, Washington





Alpha Phi Omega Alumni Council of North America

**16TH BIENNIAL CONVENTION**

Seattle, Washington

1-3 September 2023

**PARADE OF COLORS & AWARDS NIGHT**

1 September | 6:00 PM

Northwest Ballroom

6:00PM-7:00PM Parade Assembly  
Bro. Rene Calvario, Alpha President, APOGLA  
Sis. Crystal Geiger, APO Florida

Order of Parade

ACNA Executive Officers	APO DC	APO Great Lakes	APO Washington State
APO GLA	APO Las Vegas	APO Saskatchewan	APO De Montreal
APO NorCal	APO South Bay	APO Arizona	APO Quebec
APO Houston	APO Mississauga	APO Virginia Beach	APO Greater Winnipeg
APO MidWest Chicago	APO Son Alas	APO San Diego	APO Atlantic Canada
APO Toronto	APO Hollywood	APO Hawaii	APO Metro Phoenix
APO GNY	APO FYI	APO Alberta	APO Manitoba
APO CVC	APO Calgary	APO Metro San Diego	ACNA Past Presidents
APO Florida	APO Dallas Fort Worth	APO British Columbia	APO GWAPO

Flag Bearers

United States of America	Bro. EJ Hangsitang, Beta Sigma 02
Republic of the Philippines	Bro. Antonio De Vera, Alpha Pi 96
Canada	Bro. Gene Generoso, Eta Theta 85, President, APO British Columbia

7:00PM-7:20PM Opening Prayer  
Bro. Arnulfo "Nonoy" Palma  
Past President, CVCAA, 2020-2021

Heritage Acknowledgment  
US National Anthem  
RP National Anthem  
Canadian National Anthem  
Bro. JP Paredes, Eta 73A  
Sis. Melody Ang-Gayon, Eta 82  
Sis. Melody Ang-Gayon, Eta 82  
Bro. Normandy Fernando, Alpha Eta 90  
President, APO QUEBEC

7:20PM-8:30PM Recognition of LFS Awardees  
Sis. Cherry Daelto  
Bro. JR Bayani  
Bro. Jerry Villanueva  
Presidential Awardee  
Bro. Larry Receno  
Sis. Cherry Daelto

8:30PM-8:35PM MidWest AA with Sis. Janet Layao  
8:35PM-8:40PM Message of the ACNA President  
8:40PM-8:45PM Opening of the Convention  
Bro. Larry Receno  
Bro. Gaylord B. Arata  
President, Greater Washington APO  
Greater Washington APO

8:45PM-8:50PM A Performance to Remember  
8:50PM-9:00PM Toast Song  
9:00PM-10:00PM Hors d'oeuvres  
10:00PM-12:00AM Dance

Bro. Juan Pablo "JP" A. Paredes  
Master of Ceremonies



Alpha Phi Omega Alumni Council of North America

**16TH BIENNIAL CONVENTION**

Seattle, Washington

1-3 September 2023

**GALA NIGHT**

2 September | 6:00 PM

Northwest Ballroom

6:00PM-7:00PM Check-in  
7:00PM-7:05PM Opening Prayer  
Bro. Jun De Castro  
Past President, ACNA 2019-2021  
Bro. JP Paredes, Eta 73A  
Sis. Melody Ang-Gayon, Eta 82  
Sis. Melody Ang-Gayon, Eta 82  
Bro. Normandy Fernando, Alpha Eta 90  
President, APO QUEBEC  
Bro. Rufino S. Ignacio, Eta 60A

7:05PM-7:20PM Keynote Speaker  
7:20PM-8:30PM Buffet Dinner  
8:30PM-8:45PM Recognition of ACNA Past Presidents  
8:45PM-8:55PM Raffle Drawing, 3rd Prize Winner  
Sis. Ving Adriatico  
Sis. Ofelia Amon  
Sis. Sis Bima Baje  
Bro. Chito Refuerzo, Alpha Omicron  
Bro. Geoffrey Arroyo, Beta Tau

8:55PM-9:10PM Tribute  
9:10PM-9:20PM Introduction of Incoming ACNA Officers  
9:20PM-9:30PM Raffle Drawing, 2nd Prize Winner  
Bro. Larry Receno  
Sis Ving Adriatico  
Sis Ofelia Amon  
Sis. Bima Baje  
Bro. Gaylord Arata,  
Chairman, 2023 APO ACNA Convention  
Bro. Giovanni del Rosario  
President, APO Hawaii  
Friendship Committee

9:30PM-9:40PM Turn Over of Hosting  
9:40PM-9:50PM Acceptance To Host 2025  
17th APO ACNA Convention  
9:50PM-10:00PM Our Brotherhood  
10:00PM-10:10PM Raffle Drawing, Grand Prize Winner  
Sis. Ving Adriatico  
Sis. Ofelia Amon  
Sis. Bima Baje

10:10PM-12:00AM Dance

Bro. Juan Pablo "JP" A. Paredes  
Master of Ceremonies



# Alpha Phi Omega

Philippines, Inc.

ALUMNI COUNCIL OF NORTH AMERICA

“Forward with Neutrality and Transparency”



# Greater Washington Alpha Phi Omega



**Hilario Cereno**  
Gamma Rho 76

*President*  
Alpha Phi Omega  
Alumni Council  
of North America

To the Officers and Members of Greater Washington APO,  
Greetings!

On behalf of the Alumni Council of North America, it's Officers and Members, I would like to congratulate GWAPO for this opportunity to celebrate this significant event in Seattle, Washington.

Now that the stretch for the last quarter of my term is here, and as we celebrate the 16th Biennial Convention of Alpha Phi Omega Alumni Council of North America, I hope I didn't disappoint you all. I am grateful for all your support then and now, all of you (30 Alumni Associations) have been my stronghold and sanity, kidding aside. I have to admit, it has been a roller coaster ride and whirlwinds of surprises in between, yet here we are, united, steady and stronger!

With the new set of ACNA Officers as your leaders, I have no doubt that we will continue to flourish both as an organization and as individuals. Let us face this new beginning with a fresh mind and focus on new goals, pay attention to things we missed and improve ourselves.

Let us appreciate each other everyday and celebrate what we have accomplished that despite the challenges, you are still making a difference. Be PROUD! Proud of yourselves, Proud of your accomplishments big or small, Proud of Alpha Phi Omega!

The Alumni Council of North America speaks a lot of your hard work that none can deny. Continue to support your leaders and each other. I am more than proud to be part of this celebration!

On behalf my family, Congratulations to each and everyone of you!

**Brother Larry Receno**  
ACNA President 2022-2023

Greetings to our brethren in the Alumni Council of North America (ACNA).

On behalf of the Greater Washington Alpha Phi Omega (GWAPO), it is my honor to welcome the member alumni associations of the APO Alumni Council of North America (ACNA), their delegates, families and guests to the Emerald City of Seattle in the Evergreen State of Washington. It is our sincere hope that we will be able to offer you a memorable experience as you conduct the business of ACNA, that we can act as gracious hosts to help facilitate a successful event, and provide the venue for a wholesome fellowship.

We would like to thank the member Alumni Associations for allowing us to host the APO ACNA 16th Biennial Convention. It was 25 years ago, in 1998, when ACNA last graced our beautiful city. Since then, there have been many more alumni associations that became members. From our perspective, that was a quarter century of progress, yet the camaraderie remains the same as we plan together for the future as we reminisce the past.

Welcome to Seattle and we wish you all the best for a productive convention!

**Brother Gaylord B. Arata**  
GWAPO President



**Gaylord B. Arata**  
Iota Zeta 1990C

*President*  
Greater Washington  
Alpha Phi Omega

*Chair*  
APO ACNA  
16th Biennial Convention

## MESSAGE

It gives me great satisfaction and honor to address the members of Alpha Phi Omega gathered in convention, September 1 and 2, 2023 in the beautiful City of Seattle, for ACNA's 16th Biennial event.

In its more than 32 years of existence, not only has ACNA collected more than 30 APO Alumni Associations within its fold but it has also matured enough to be able to have a substantial impact on whatever it may collectively engage in, whether in its biennial medical missions or in various assistance in times of calamities.

In the next decade or more, our hope is that ACNA would level up to a more robust organization of professionals able to provide not only service but also enlightened leadership in the communities where each AA operates. It is in advancing to a higher plane of existence that we can truly embody our three guiding principles of leadership, friendship, and service with the guidance of our common Creator and the collective wisdom of our members.

Onward to the future and may we always be true!

**Bro. Rufino S. Ignacio, MEM, MEE**  
Eta 60A  
Dean Emeritus of Engineering  
Mindanao State University

Member, Board of Directors and Adviser  
Greater Washington Alpha Phi Omega

Alpha  
Phi  
Omega



## BRO. HILARIO "LARRY" RECENO, GAMMA RHO 76 PRESIDENT APO ALUMNI COUNCIL OF NORTH AMERICA



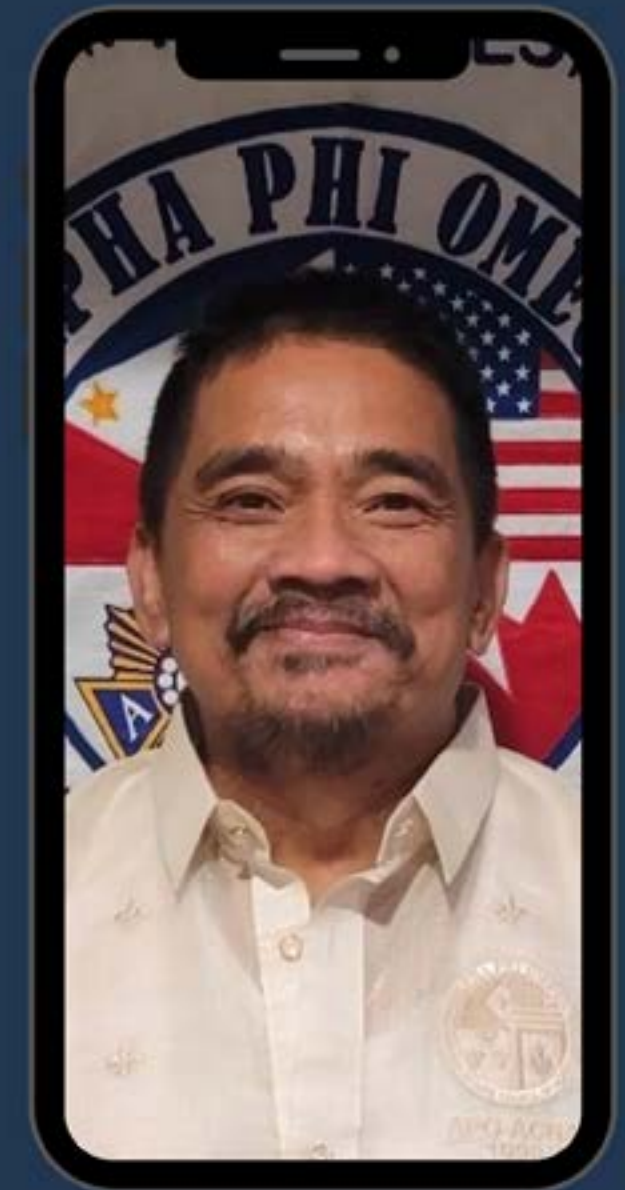
Bro. Larry Receno hails from Lipa, Batangas. He is an active member of APO Lipa, APO in Malvar, and APO Tandang Sora in the Philippines. He has been an active member since he moved to Canada from the Middle East in 1989.

He served various positions in APO Toronto, APO Mississauga, and the APO Alumni Council of North America.

- APO Toronto, Secretary 1995-1996, and 2014-2015
- APO Mississauga, 1st VP 2002-2008
- APO Mississauga, President 2009-2010
- APO Toronto, President 2016-2018
- APO ACNA, Board Member 2009-2010 and 2016-2018
- APO Toronto, Board Member 2019-2021
- APO ACNA, 1st Vice President 2019-2021

### AWARDS

- APO ACNA Leadership Award 2017-2018
- Most Outstanding APO ACNA Alumni Association President 2017-2018
- Librado I. Ureta LFS Award 2017-2018





**BRO. MACARIO F. LICHAUCO, MD**  
**ALPHA 81C**  
**1ST VICE PRESIDENT**  
**APO ALUMNI COUNCIL OF NORTH AMERICA**

Bro. Macario F. Lichauco is a Neonatologist at the Tucson Medical Center, Tucson, Arizona. Known for his nickname, Mac, Dr. Lichauco is also certified in Pediatrics. He took his residency at Brookdale University Hospital and Medical Center in Brooklyn, NY and a Fellow in Neonatology from State University of New York Health Science Center, Kings County Medical Center, and Long Island College Hospital, New York.

Dr. Lichauco rose from the ranks as Physician Assistant at various hospitals in New York and New Jersey. He had extensive training and work experience as a Pediatrician and Neonatologist in various hospitals in Maine before moving to Tucson, Arizona, where he settled down with his wife. He is a member of the American Academy of Pediatrics.

Dr. Lichauco obtained his Bachelor of Science degree in Medical Technology at Far Eastern University, Manila, Philippines, and eventually his Medical degree in the same University. Thereafter, he was a Medical Technology reviewer in Clinical Chemistry, Microbiology, and Parasitology, and a Faculty Instructor at his alma mater's Institute of Medicine. He was also a Surgical Resident for one year at the 13th United States Air Force Medical Center in Clark Air Base, Philippines. He practiced at various hospitals in the Philippines before deciding to seek greener pastures in the United States.

Among his community engagements were:

- 1st Vice President, Alpha Phi Omega Alumni Council of North America, 2021-2023
- President, APHiO Arizona Alumni Association, 2018-2019
- Founder, Knights of Ephesious-Lichauco Heritage Foundation in 2015



**FELVIC "VING" MARTIRES ADRIATICO, DNP, MBA**  
**THETA ZETA 1988A | 2ND VICE PRESIDENT**  
**APO ACNA**

#### **SIGNIFICANT CONTRIBUTIONS TO ALPHA PHI OMEGA**

- Lafayette College Founders' Plaque Project Initiative
- Lafayette College Log Book Leather Cover
- 2018, January - Official Representative of APO Philippines at Lafayette College Rechartering
- 2018, September - Guest Speaker (virtual) along with Past President APO USA, Brother John Ottenad, at Lafayette College Plaque Installation at Hogg Hall

#### **AWARDS RECEIVED**

- Three-time APOAAGNY APO of the Year Awardee: 2010, 2011, and 2014
- Three-time Presidential Service Awardee (APO Philippines): 2018, 2021, 2023
- APOAAGNY received two Major Awards under her leadership in 2015 and 2016:
  - APO ACNA - Outstanding Leadership Award APOAAGNY, August 2016
  - APO Philippines - Best Foreign Alumni Association

#### **PROFESSIONAL BACKGROUND**

- Profession/Degrees: DNP, MBA, BSN, RN, ACM

#### **ACCOMPLISHMENTS/CONTRIBUTIONS TO THE HEALTHCARE PROFESSION**

- Published, Co-author of Nursing Textbook, A Guide to Mastery in Clinical Nursing, 2017
- NYP Care Management Excellence Awardee, 2019
- Member, International Honor Society in Nursing, Sigma Theta Tau
- Presenter, United Nations Nurse Representatives, UN New York Headquarters, 2019

#### **A GLIMPSE OF MY FAMILY AND PERSONAL LIFE**

- Married to Brother Lemuel Bañaga
- Switched roles with my Mom, now my baby
- Sister to six brothers, including Brother June Adriatico
- Thirteen years resident in New York City and member of APOAAGNY
- Relocated to Northern Virginia, now a member of APODCAA
- Loves to travel and a struggling plant "Tita"



# CHERRY DAELTO

Batch 89 B Delta Delta  
KOKAK  
ID 0404-1993-194438

## ABOUT

I'm passionate, caring, loving with cheerful and optimistic disposition. In 1992 I graduated with a degree of Bachelor of Science in Commerce with a major in accounting having done my MBA at Xavier University Ateneo De Cagayan. Also graduated my associate's study in Practical Nurse and a Residential Facility Administrator both in the State of Nevada.

In my free time I watch lots of Kdrama combined with reading books then when I get bored, I play my favorite piano piece. While in my me time I always love going to the spa...

## WORK EXPERIENCE

I manage and own Windael's Home LLC for my consultancy work in group home and home health. Currently working as compliance manager in Mobile Home Health. Also working as Administrator of four (4) group homes namely Angels Care, Princess II, Livingston, and Mothers Touch. As one of ECHO Founder of Las Vegas advocating residential facilities for groups to include guidance on regulations, medical or epidemiological issues a proud provider initiating a text brigade in creating guidelines "who's/who can enter the group home during the pandemic crises", resident care, infection control, state, and federal inspection requirements and more.

## APO LIFE

Batch 89 B Delta Delta with a baptismal name KOKAK in Western Leyte College of Ormoc City. I'm always actively participating in my collegiate days aka Majoring Alpha Phi Omega and Minor in Physical Therapy by then an affiliate in Eta Tau at Cebu Doctors College of Medicine in Cebu City. I became the regional secretary of Region VII, during RD brother Tong Fanlo now resident in Midwest Chicago. In 2015-2016 became APOLVAA secretary was the APOLVAA event Chairman of ACNA Family Getaway Event. By then my 1<sup>st</sup> ACNA work started as ACNA secretary during Brother Alex Garcia presidency in 2015-2016 then sister Irma Almazan presidency in 2017-2018 and then Brother Jun De Castro presidency in 2019-2021 and to this day still ACNA secretary of Brother Larry Receno 2022-2023. My love of being a friend that drives me to be good leader and providing quality services here and backhome in the Philippines.

## CONTACT

PHONE:  
(702)324-1615

EMAIL:  
acnasecretary@gmail.com

**Sis. Ofelia Vita Amon**  
**Alpha 60**  
**Treasurer**  
**APO Alumni Council of North America**



Sis. Ofelia Vita Amon was a T&C Coordinator at Tenet Healthcare from 1996 to 2007. She transferred to USC Keck Medical Center/Kenneth Norris Cancer Hospital in the same year. She worked as a Pharmacy Billing Coordinator in the Patient Accounting Department and retired in 2019.

Sis. Ophel, as she is fondly called, dedicates herself as an APO and finds herself serving as the APO ACNA Treasure and at the same time serving as the Vice President of APO GLA. As a Vice President, she is also the Chairman of the APO GLA December Affair.

Sis Ophel served in various capacities.

- Treasurer - APO ACNA, 2017-2018
- Board Secretary - APO GLA, 2021-2022
- Chairman of the Board - APO GLA, 2017
- Treasurer - APO GLA, 2015, 2011, 2010
- Executive Secretary - APO GLA, 2007

In 2014, Sis Ophel was an APO GLA LIU Awardee. She was one of the organizers of the APO Nagcarlan AA #391, and granted as a Charter on April 25, 2021.

She is married to Bro. Tony Amon, Alpha 1964, and they are blessed with four children - Bertram, Daryl, Pamela Ann, and Angelica Jean.

They have 10 beautiful grandchildren and three great little darlings.





**Sis. Bima Baje, MSA**  
**Epsilon Phi 94A**  
**Auditor**  
**APO Alumi Council of North America**



**PROFESSIONAL CAREERS**

- School Business Administrator, Link Community Charter School Newark, New Jersey | 2014-Present
- School Business Administrator, Jersey City Global Charter School
- CEO/Founder, Baje Consulting Group, LLC, Colts Neck, NJ | 2011-Present
- CEO/Founder, Colts Neck Stem Cells & Regenerative Medicine | 2017-Present
- Vice President, South East Asia BioGenix, Houston, TX | 2017-Present
- President, BajeGenix, Philippines, Inc. | 2018-Present
- School Business Administrator, Jersey City Community Charter School Jersey City, NJ | 2013-2017
- School Business Administrator, Barack Obama Charter School, Plainfield, NJ | 2012-2017
- School Business Administrator, Redbank Charter School, Redbank, NJ | 2014-2015
- Supervisor, Accounting Services, Galleros Koh, LLP, Freehold, NJ | 2011-2012
- Senior Accountant, TCBA Watson Rice, Rutherford, NJ | 2008-2011
- Staff Accountant, TCBA Watson Rice, Rutherford, NJ | 2004-2008
- Staff Accountant, Diethelm Philippines, Parañaque, Philippines | 2001-2003
- Staff Accountant, Philworld Online, Quezon City, Philippines | 1999-2001

**EDUCATION**

- Bachelor of Science in Nursing - 2025
- Bachelor in Holistic Sciences - 2021
- Master of Science in Accountancy, University of Phoenix, AZ - 2010
- Bachelor of Science in Accountancy, St. Vincent's College, Dipolog City, Philippines - 1998

**CERTIFICATION**

- Certified School Business Administrator, New Jersey
- Certified Administrator of School Finance & Operation (SFO)

**AFFILIATION**

- Member, NJASBO
- Member, ASBO International
- Member, American Writer's Association

**APO LIFE**

- National Office Volunteer - 1999-2001

**SERVICES RENDERED**

- Adopted more than 20 classrooms in the Philippines | 2011-Present
- Adopted one whole school with 400 students (tsinelas, supplies, organic and sustainable gardening to feed the students | 2022 - Present
- Two College scholars, BS Criminology and BS Electrical Engineering, both graduated.
- One BS in Nursing, Batch 2025

**PERSONAL BACKGROUND**

Sis. Bima was born in Siayan, Zamboanga del Norte in 1977, and was raised in Dampalan, Dapitan City. She is a mother of an eighteen-year old son and a two-year old foster daughter. She is married to Michael Stavitski. Sis. Bima arrived in the US in 2003, stayed in New York from 2003 to 2008 before moving to New Jersey in 2008.



**Bro. Proceso C. Bayani, Jr., RN, BSN, MBA-HCM**  
**Gama Rho 76**  
**P.R.O., APO Alumni Council of North America**  
**USA**

Bro. JR Bayani retired as a Clinical Supervisor, Urgent Care/OTU at the Kaiser Permanente Panorama City Medical Center after 25 years of service. From 1976 to present, he is an active member of the APO Biñan Alumni Association. He served as Vice President of the APO GLA in 2000, and still is an active member since 1984





Bro. Jerry C. Villanueva, born and raised in Pagsanjan, Laguna, earned his Stationary Marine Engineering degree from the Technological University of the Philippines. He moved to the United States and joined the United States Coast Guard, had an honorable discharge and moved to Canada to start a family. He and his wife were graced with two children and six grandchildren.

He retired from Brinks Canada, Ltd. after 28 years of service. Bro. Jerry maintains his leadership and service with Alpha Phi Omega. He is a member of Alpha Epsilon Alumni Association; he was the President of APO Toronto Alumni Association in 2001 and 2002; handles role as chair of various APO activities of APO Toronto Alumni Association; and represents Alpha Phi Omega in various community activities.

Bro. Jerry enjoys spending his time with his family, most sepecially with his grandchildren who love swimming and canoeing.



**Bro. Jerry C. Villanueva**  
**Alpha Epsilon 65**  
**P.R.O. APO Alumni Council of North America**  
**Canada**

Alpha Phi Omega



Congratulations to  
**Greater Washington APO AA**

Brod LemBan & Sis Ving

# ACNA THE COUNCIL



## A Historical Perspective

**W**hat do we need the Council for? Is it something feasible? What does it mean for you and me? These were a few questions we had to answer and resolve before we could even move on any farther!

In the early part of 1988, the East Coast, Northern California, and the Southern California Alumni Associations, thru their respective Presidents, namely: Joey Makayan, Danny Nagrampa, and Edgar Ninofranco, initiated an informal discussion about the possibility of holding an inter-state conference.

Seemingly, 1988 was a bit premature as a couple more years had to pass before it all got started. Indeed, in due time, (to coincide with then an Annual Sportsfest between the Northern and Southern California Alumni Associations) an Inter-State Conference was held on September 1, 1990. Hosted by our Northern California counterparts, we witnessed a vigorous, cohesive and effective display of leadership - filled with enthusiasm and excitement from all concerned.

Just like any other novel undertaking, everybody was excited at the opening tip or during the 'Grand

Opening.' The conference was a formal gathering of five official delegates and other participating members from each of the three Associations. [Whether this 'magic number' of official delegates had to be kept and for how long remained to be seen.] The event was graced and honored by no other than our late Philippine Organizer and President Emiritus Dr. Librado (Bado) I. Ureta, Ph.D.

In this conference, tough questions had to be answered. Some have had to be resolved, while others had to be left hanging in the air. To get through the order of business, a Conference Chairman was elected. Subsequently, three basic topics were highlighted for discussion, as follows: 1) ACNA's would-be relationship with the Alpha Phi Omega Philippines; 2) Biennial Conventions on the Labor Day week-end holiday every even-numbered years made effective on September, 1992 was set; and 3) ACNA's organizational foundation and guidelines were laid and established.

Two supposed separate bodies, namely: the Constitutional Commission and the Ad Hoc set of officers were created.

A couple other names were suggested. But, gaining the most number of votes, the name ALPHA PHI OMEGA ALUMNI COUNCIL OF NORTH AMERICA came into being.

On Sept. 2, 1990, at the Awards night of the Sportsfest, the day after the conference was held, what proved to be his last Alpha Phi Omega function attended, our beloved Bado inducted the Ad Hoc set of officers to a two-year term of office effective through the year 1992. A Council that was once Brother Bado's expressed dream, was then meant to be...

Subsequent meetings of the Ad Hoc and the Constitutional Commission were conducted. The first of which was held at the infamous Beverly Hills Hotel in Beverly Hills on December 8, 1990, which was attended by a delegation from only two Associations, namely: the Northern and the Southern California Alumni Associations. Easier said than done, however, it would have been ideal to have availed of tele-conference communication systems for the benefit of our East Coast Counterparts who could not be physically present. Nevertheless, it was a productive one as benchmarks for the future of 'The Council' were established.

With various on-going activities, the third plenary session was held on August 31, 1991, at the Hampton Inn in Buena Park, California, on its first year anniversary.

It is interesting to note that The Council did not create much enthusiasm from many during its early stages. The Council, just like many other organizations, had experienced a lack of commitment and enthused participation, apathy, indifference, skepticism and doubt from many.

Further, it should be noted, that even at the height of its third plenary session, the proceedings had to be interrupted with some valid and down-to-earth questions, i.e., "What do we need a Council for?", "Is A Council something feasible?" "What does it mean for you and me... for the Alpha Phi Omega, and the community as a whole?". These were a few questions that stopped us for a while and which had to be resolved. Soon enough, however, after much deliberations, The Council was reassured by its member-associations represented then, namely: The East Coast, Midwest-Chicago, Northern California, Southern California, Houston and Toronto, Canada, that The Council must move on.



More Power to the  
Alumni Council Of North  
America



Fraternal Greetings From  
Bro. Dony & Elsa Rondilla  
ACNA Past President 1998  
APOGLA Past President 1999  
Delta Chapter - Batch '75-C

D.Y.  
2023-2024



EXE.COM.

Bro. Sol Jasper Kapunan  
*President*

Bro. Jerben Balajadia  
*1st Vice-President*

Bro. Nathaniel Ty  
*2nd Vice-President*

Bro. Kent Brian Tan  
*Secretary*

Sis. Joyma O'Brien  
*Treasurer*

Bro. Edwin Monge  
*Auditor*



B.O.D.

Bro. Virmin Banaag  
*Chairman*

Sis. Maileen Gaudite  
*Board Member*

Bro. Carlito Macaro  
*Board Member*

Bro. Shane Mercado  
*Board Member*

Bro. Reynaldo Añonuevo  
*Board Member*

Bro. Adrian Cayamanda  
*Board Member*



**ALPHA PHI OMEGA**  
Alumni Association of Greater New York

*Congratulates*

**Greater Washington Alpha Phi Omega  
(GWAPO)**

*Host of the*  
**16th ACNA  
Biennial Convention**

**September 1-3, 2023  
Seattle, Washington**

**APO AA GNY**

*Home of the biggest Philippine Flag,  
"Brought to a parade outside of the Philippines"*

**ALPHA PHI OMEGA**  
ALUMNI ASSOCIATION OF BRITISH COLUMBIA

**FRATERNAL GREETINGS FROM:  
The Executive Officers  
and Board of Directors  
for DY 2023 - 2024.**

YES, WE WANT A COUNCIL. WE MUST MOVE ON!

In 1992, The Council was in the process of preparing for its first Biennial Convention to be hosted by The East Coast AA in Newark, New Jersey on September 5-7, 1992. While the supposed Chairman of the Constitutional Commission could not attend to the needed tasks and responsibilities due to other personal priorities, the Ad Hoc leadership took upon itself to work with the rest of the Commission towards its eventual ratification. This document was formally ratified by these six member-Associations at this Convention.

[Let us recognize the efforts of those responsible, especially our Northern California AA counterparts for its extra efforts in the completion of the final draft of our By-laws.]

The East Coast Alumni Association received high marks for hosting our First Biennial Convention while at the same time establishing more guidelines for future conventions. Gerard Schroeder, then National President of A-Phi-O USA, honored us with his presence and participation.

To serve for a period of two years, 1993-1994, our first set of National Officers were elected, and subsequently inducted into office in a dinner-dance reception that followed that evening.

Thereafter, semi-annual Council Board Meetings were scheduled and conducted, as follows:

Apr. 03, 1993	Houston, Texas
Sep. 04, 1993	San Francisco, California
Apr. 09, 1994	Toronto, Canada
Sep. 03, 1994	Chicago, Illinois

Holding these meetings ‘on location’ have certainly brought The Council to the hearts and minds of our members and our families. These meetings have certainly provided many different kinds of excitement and fanfare. It provided a common ground for us to work together and learn more about each other – often a difficult and many times frustrating experience that requires much tolerance and maturity – a very basic and necessary element required for organizational and inter-personal growth.

Our second Biennial Convention was held in Chicago on September 2-5, 1994. It was a Convention that

will be long remembered and will require a chapter of its own in the annals of our past. Not so much for the superb hosting that the Midwest-Chicago Alumni Association had to offer and delivered but more so because of the melodramatic moments that had come to pass... the apparently underlying ‘politicking’, and its subsequent aftermath. Perhaps, it was something that had to be. Perhaps, upon further reflection, could it be just a part of a culture of a people and a deeply divided nation that we came and maybe learned from?

In the long run, however, when all is said and done, it will have been noted that the Alpha Phi Omega will have prevailed... By then, together with our families and friends, we will have developed our values – founded on Integrity, Teamwork, Mutual Respect, and Personal Accountability! By then, we will have created our personality and defined our culture. Collectively, we will have fostered our growth – not so much for what we are but for what we stand for!

[With fond memories, please join me in remembering our 1994 Chicago Convention Chairman Brother Joel E. Gannaban, Jr., MD, who passed away on April 4, 1995 of a heart attack at the age of 52. He is survived by his beloved wife Cristela, and four children, namely: Joseph, Jennifer, Melissa, and James, then, ages: 21, 20, 18, and 10, respectively.]

During this same Convention, upon completion of the necessary requirements for ACNA membership, records will show that three more Associations sought and were granted recognition and acceptance into the fold, namely: the Alpha Phi Omega Alumni Associations of Montreal, Canada; San Diego, California and Seattle, Washington.

To serve for a period of two years, 1995-1996, a new set of officers were elected and inducted into office.

In its infancy, The Council needed much caring and nurturing. Having generated enthusiasm and commitment from our member-associations, it goes without saying that THE COUNCIL – The Alpha Phi Omega Alumni Council of North America – is here to stay.

Obviously, difficulties will arise; problems will surface every now and then; and personalities will clash. Holding on tight and staying focused will, however, take us far beyond...

As has always been in every endeavor, there are the unsung heroes. Let us take this and every opportunity possible to make mention of our spouses and our families – not only have they always been there for us and with us, but seldom do they get the credit and the recognition they deserve!

Although it has conducted Council-sponsored activities, Brother Gil Magno’s Presidency, 1995-1996, could be characterized as a period of reflection and soul-searching. Faced with a handful of persistent dissenters which certainly was a distraction, the leadership did hold on tight and maintained its focus.

ACNA’s relationship with APO-Philippines was yet unclear and had no easy answers. Differences in opinion from the time of its inception, was always forthcoming. As years gone by, we have seen these ideas and opinions evolve and transform. It is fair to say, however, that this leadership paved the way for the National Executive Board of the Alpha Phi Omega Philippines, to recognize ACNA as the sole governing body for APO Phil Alumni Associations in this part of the world.

ACNA meetings were conducted semi-annually ‘on location,’ as follows:

Mar. 25, 1995	Los Angeles, CA
Aug. 18, 1995	Montreal, Canada
Feb. 17, 1996	New York, NY
Aug. 31, 1996	Los Angeles, CA

On a more personal note, we can be sure that being an Alpha Phi Omega is an on-going process and a never-ending one. We are adaptive to change and responsive to the signs of the times. As it should, We, The Council, will continue to unfold – responsive to our needs – in an unending evolution of time.

The same vision and foundation laid down to us by our Founding Fathers on December 16, 1925, we shall continue to build from and will ever be our guiding light. It will give us warmth in the winter years of our lives. It will keep us together and take us far beyond! In a valiant display of unity, understanding and tolerance – with our heads held high – we shall continue to form and be a part of that endless circle of fellowship... We shall continue to sing the same old song – unashamed,



**Thank you to the Greater  
Washington Alpha Phi Omega for  
the good work you do here and in  
the Philippines.**

ever-striving, ever-serving, ever-true, to self and to each other - our song of loyalty, respect, dedication, love and brotherhood - our APO Toast song!

Yes, indeed! The Council, The Alumni Council of North America unfolds and will continue to unfold... It will continue to inspire and be inspired in its unending effort and its endless quest to seek for its own perfection.

As time goes by, some of us – members, family and friends – will have come and gone, quietly and unnoticed at times. Notably, many personalities and characters from our respective Associations deserve our grateful thanks and sincere appreciation. They have made a difference and re-directed the lives of others. They worked hard and sacrificed much - without counting the cost.

Briefly, the 3rd ACNA Biennial Convention was held in Los Angeles, California on Aug. 30 to Sept. 2, 1996. Brother Cesar Andal, MD, from Northern California was elected President for the period 1997-1998. But on April 1997, tragic as it was, Brother Cesar's term of office was cut short with his early demise. He left behind his bereaved wife Lucy, his three children, and friends; not to mention the unfinished business of his ACNA Presidency. Brother Dony Rondilla of APOGLA, then 1st Vice-President, ably succeeded and completed his term of office.

Semi-annual Council Board meetings for 1997-1998 were held, as follow:

- Mar 1, 1997 San Diego, California
- Aug 30, 1997 San Francisco, California
- Apr 4, 1998 West Palm Beach, Florida
- Sep 4, 1998 Seattle, Washington

ACNA held its 4th Biennial Convention in Seattle, Washington on Sept 4-7, 1998, where a new President came to light. Brother Eugene Licauco, coming from, then, the most recently recognized member-association of ACNA, the Silicon Valley and the Bay Area Alumni Association, was elected President for the next two years 1999-2000. His 1st Council Board Meeting was held on March 26, 1999 in Chicago, IL.

On a subsequent Board Meeting on Sept. 4, 1999 in Glendale, California, we celebrated and welcomed

another new member-association under the ACNA umbrella, the Alumni Association of Vancouver, Canada.

In wisdom, may we all realize that we bear a greater share of responsibility in enhancing a positive image of ourselves as an 'institution' of Alpha Phi Omega. A responsibility we fall short at times. In our efforts, may we continue to create channels and be an inspiration to quality college men and women in all colleges and universities throughout the Philippines and throughout the world. They are our future – our link to the future. With our actions, let us show them what the Alpha Phi Omega is, and what it is not!

Leaders that we all are, it is imperative that we always exert every effort to create and maintain a proper atmosphere for leadership.

Together with our Spouses and our families, let us continue to support our respective Alumni Associations while developing and strengthening the core of our values.

Once again, may these always be our foundation of ethics: Integrity, Teamwork, Mutual Respect and Personal Accountability!

With our elected officers and the support of every member-association, ACNA will take care of itself.

Finally, let us gather all our resources and be a positive force in a Council we can call our own. Let us all take an active part in a movement that is worldwide, indeed!

\*This article is a narrative personal account written by Brother Toti Ayo, Beta Kappa Chapter '72. Briefly, Brother Toti was the Conference Chair of the Inter-State Conference in SFO on Sept 1'90 that led to the formation of ACNA. He was elected as the AD Hoc President of ACNA from September 1990 to 1992 and its 1st President 1993-94. In the AA level, he was President of Southern California Alumni Association from August 1984 to 1986. Twice, he was the Grand Chancellor of Beta Kappa Chapter (Ateneo De Naga University) in 1975-76 & 1976-77. His 1st term of office as GC was cut short, however, when he was named a participant to the RP-Canada World Youth Exchange Scholarship Program in 1975. More than the number of years that one normally spends in college, he graduated in 1977, joined the San Miguel Corporation, Beer Marketing Division in the Bicol Region before migrating to Southern California in November 1979. He enjoys his active membership with APOGLA since its inception. He is married to Racquel, is blessed with three children – Patrick, Christopher, and Emily – and has 7 grandchildren ... so far. He resides in West Covina, California. You can reach him @ (626) 428-1844 or his email address: totiayo@gmail.com.

**All the Best to Greater Washington APO and ACNA!**



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**D.Y. 2023 - 2024**





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*Congratulations and Fraternal Greetings from...*

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**Central Valley of California Alumni Association**  
**( APO CVC AA #186 )**



**ORGANIZED IN 2006**

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de Ono-Laset, Susan – Beta Eta '70  
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 Garalde, Nora - Eta Alpha '83  
 Gatchalian, Lilybeth - Eta Theta '86  
 Gonzaga, Ferdinand – Alpha Upsilon '67  
 Gonzales, Mel - Eta '73  
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Warmest Fraternal Greetings to All APO Brothers & Sisters!  
 Alumni Council of North America  
 Seattle, Washington, September 1-3, 2023

# ALPHA PHI OMEGA



*23 Years of Committed  
 Service to the Community!*



*"Our strength is not  
 based on our  
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Fraternal Greetings to Everyone Attending the  
APO ACNA 16th Biennial Convention



**Alpha Phi Omega**  
Greater Los Angeles Alumni Association  
"Be Courageous. Reach Out! Everyone Matters"



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Greater Los Angeles Alumni Association  
"Be Courageous, Reach Out! Everyone Matters"

Fraternal Greetings to Everyone Attending the  
APO ACNA 16th Biennial Convention  
Hosted by Greater Washington Alpha Phi Omega  
from:







## Happy 16th Biennial Convention APO ACNA



GREETINGS FROM APOGLAA (MICHIGAN)  
 Bro. Edwin V. Almerol, President  
 With Jeanne, Eanna, and Jonkovi





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*Aloha!*



**ALPHA PHI OMEGA**  
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and sisters on the occasion of the:

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In Leadership, Friendship,  
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*Moving Forward*

Congratulations to  
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16th Biennial Convention

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**ALPHA PHI OMEGA**

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**Greetings from APO  
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**Best wishes to APO  
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# TDLIUF Greetings to APO-ACNA 2023 Seattle Convention



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**Greetings and  
Great Appreciation  
To All**



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Greetings from*

SIS CHERRI DAELO  
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'18, '19-'21 & '22-23



CONGRATULATIONS TO  
GREATER WASHINGTON ALPHA PHI OMEGA  
HOST OF  
APO ACNA 16TH BIENNIAL CONVENTION



WARMEST GREETINGS FROM  
BRO. DAN AND SIS. ELEONOR JACINTO MAINES

BRO. DAN MAINES  
ACNA PRESIDENT 2003-2004

LEADERSHIP AND FRIENDSHIP  
TOWARDS STRONGER ACNA



*Welcome to Seattle ACNA delegates*



### *The Dela Cruz Family*

Bro. Aldin Dela Cruz, Beta Chi 1983B and  
Sis. Raquel Dela Cruz, Alpha Delta 1985  
Bro. Leslie Arthur Dela Cruz, Beta Sigma 2005D,  
Marie Chelsea S. Dela Cruz, and Mateo Dela Cruz  
Axl Dela Cruz and Yasmin Ena M. Dela Cruz  
Bro. Macy Conrad Dela Cruz, Beta Chi 2008 and  
Sis Rosemarie M. Dela Cruz, Nu Pi 2010

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**Congratulations!**

**Alpha Phi Omega Alumni Council of North America  
16th Biennial Convention**

**Best wishes to  
Greater Washington Alpha Phi Omega  
Host of APO ACNA 16th Biennial Convention  
September 1 - 3, 2023  
Seattle, Washington**

# Best Wishes to Alpha Phi Omega Alumni Council of North America for its 16th Biennial Convention

From all of us at  
Filipino Cultural Heritage Society of Washington

[www.festalpagdiriwang.com](http://www.festalpagdiriwang.com)

Producer of the annual  
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June 1 - 2, 2024

38th Year



Filipino Cultural Heritage  
Society of Washington



# Congratulations

Greater Washington

Alpha Phi Omega

for hosting the 16th

APO ACNA Biennial

Convention September

1-3, 2023 Seattle,

Washington

From

Felma Dacut Villarica

Epsilon Omega 88

Epsilon Omega AA

GWAPO

Congratulations to Greater Washington Alpha Phi Omega  
Host of the APO ACNA 16th Biennial Convention



Sis. Frances Elaine Demdam Galicia  
Delta Psi 2002A  
Universidad de Santa Isabel  
Batch Name | Anime.com  
Pledge Name | Haruko

Bro. Benflor Galicia  
Alpha Nu 1994B  
University of Nueva Caceres  
Batch Name | Lamon King  
Pledge Name | King Bardagol IV

Congratulations to  
Greater Washington Alpha Phi Omega

as Host of

APO ACNA 16th Biennial Convention

September 1-3, 2023

Seattle, Washington

**Bro. Manuel A. Reyes**

**Alpha Zeta 1966**

**Long Island Boys**

**Bro. Jomar Lagmay**

**Phi**

*Greetings Brothers and Sisters*

Let us enjoy our APO ACNA 16th Biennial Convention here in Seattle with the aim of invigorating our principle of Service to people, strengthening our bond of Friendship through fellowship and sharing of ideas and experiences of our service projects.

Warm regards,

*Bro. Aguedo "Guidz" Pacada*

Alpha Gamma 90A

ID #30982 Life



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Greetings to ACNA and the member AAs.  
Congratulations to the Greater Washington Alpha  
Phi Omega (GWAPO) for hosting ACNA's 16th  
Biennial Convention in Seattle!



*From the Almazan Family*

Sis. Irma Almazan, Alpha  
Past President, APO ACNA

Bro. Alex Almazan, Theta

and Tim Almazan

**Congratulations to  
Greater Washington  
Alpha Phi Omega  
for hosting the APO ACNA  
16th Biennial Convention**



**CONGRATULATIONS  
BRO. GAYLORD B. ARATA  
PRESIDENT**

**GREATER WASHINGTON ALPHA PHI OMEGA**

**GREETINGS FROM  
BRO. RICARDO MACARAEG, IZ - 90A  
SIS. GERALDINE SALES-FRANCISCO, IZ - 90C  
BRO. MIKE MELENDEZ, IZ - 90D  
BRO. DONALD OLIMPO, IZ 99B  
BRO. JARRETT CERVANTES, IZ 01A**



*Best Wishes to the APO ACNA  
16th Biennial Convention*



*From the Moral/Gubaton Family  
Bro. John and Regie with Jacob, Ella,  
Liam and Ethan*



"MAY WE ALWAYS BE! STRONG THE CIRCLE WE"



Congratulations to  
Greater Washington  
Alpha Phi Omega  
for hosting the  
APO ACNA  
16th Biennial Convention

**The Paredes Family**

*John, Laura, Jonah, and Ethan*



Congratulations and Best Wishes to  
Alpha Phi Omega Alumni Council of North America  
on its 16th Biennial Convention



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To Greater Washington Alpha Phi Omega  
Our Heartfelt Congratulations as the Host of the  
APO ACNA Conventon.

**WARMEST  
CONGRATULATIONS ON  
YOUR  
ACHIEVEMENT**

PLANNING, ORGANIZING,  
AND  
COORDINATING A  
SUCCESSFUL EVENT -  
THE APO ACNA

16TH BIENNIAL CONVENTION  
SEPTEMBER 1-3, 2023  
SEATTLE, WASHINGTON

TO THE OFFICERS AND MEMBERS OF  
GREATER WASHINGTON ALPHA PHI OMEGA

GREETINGS FROM BRO. JP A. PAREDES, ETA 73A  
AND  
SIS. MELANIE C. PAREDES, ALPHA 79

*Best Wishes*

To APO ACNA 16th  
Biennial Convention



**GREETINGS FROM  
SIS. LIZA VALERA  
GAMMA RHO 1978B  
AND FROM  
GAMMA RHO CHAPTER**



Congratulations and Best Wishes to  
Greater Washington Alpha Phi Omega  
Host of the APO ACNA 16th Biennial Convention  
September 1-2, 2023  
Seattle, Washington

*Greetings from the Lagasca Family*



FOREVER IN OUR HEARTS



*Sis. Maria Nemia Aquino - Demdam*

January 24, 1954 - October 24, 2000

Alpha Nu 1974

Batch Name | 1788 Batch



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**OUR BEST WISHES TO APO  
ALUMNI COUNCIL  
OF NORTH AMERICA**

**Congratulations to  
Greater Washington  
Alpha Phi Omega**

**Host of the APO ACNA  
16th Biennial Convention**



*The Townsend Family*

**DARRELL, ALESSANDRA NAIMA, PIA CLARA, AND  
SIS. MERYL ROXANNE DEMDAM TOWNSEND  
DELTA PSI 2000A  
UNIVERSIDAD DE SANTA ISABEL  
BATCH NAME | SOAP OPERA BATCH  
PLEDGE NAME | FEDRA**



**Puget Sound Kidney  
Centers sends best wishes  
to the Greater Washington  
Alpha Phi Omega for  
hosting the APO ACNA  
16th Biennial Convention!**

**We offer these helpful tips to keep your kidneys  
healthy:**

- Have your kidneys checked regularly.
- Work with your doctor to control your blood pressure.
- If you have diabetes, keep our blood sugar within your goal range.
- Exercise regularly.
- Follow a low sodium diet. Eating more than 2,300 mg of sodium a day can harm your kidneys.
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Simon Reyes, CLF  
Managing Director  
Capstone Partners Financial  
702-336-1027  
sreyes@financialguide.com

On behalf of our team here at Capstone Partners Financial, we congratulate the Alpha Phi Omega Alumni Council of North America on its 16th Biennial Convention. For many years, the Alpha Phi Omega has been a positive presence in our communities wherever APO members are. Your service is appreciated, and we look forward to seeing the work that your brotherhood will do for our communities in the future. We thank all of you and the Greater Washington Alpha Phi Omega for all that you do. Keep up the good work.

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# Meet the Team

The Greater Washington Alpha Phi Omega, as host of the APO Alumni Council of North America 16th Biennial Convention, maintained a healthy culture of teamwork and demonstrated success even under adverse challenges.

## Officers

**Bro. Gaylord B. Arata**  
President

**Bro. Reo Bunag**  
Vice President

**Sis. Denise Justine Divino-Magalona**  
Secretary

**Bro. Reuben Roque**  
P.R.O.

## Board of Directors

**Bro. Medel G. Calayag**  
**Bro. Rufino S. Ignacio**  
**Bro. Aguedo N. Pacada**  
**Bro. Juan Pablo A. Paredes**

## Convention Team Members

**Sis. Felma Dacut**  
**Sis. Meryl Demdam-Townsend**  
**Bro. Antonio De Vera**  
**Bro. Earl J. Hangsitang**



*Fraternal Greetings  
from*  
**Alpha Phi Omega**  
(PHILIPPINES) ALUMNI COUNCIL OF NORTH AMERICA

## EXECUTIVE OFFICERS 2022 - 2023



**MAC LICHAUCO**  
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**LARRY RECENO**  
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# Congratulations Greater Washington APO for hosting the 16th APO ACNA Biennial Convention

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